

# *My Notes of the Participatory Leaders course*

By Krijn van der Velden, from the Krummendeich course 040413-070413

**World Café** (working in small groups for less intimidating sharing, plus rotating)

**Story Telling** (host the harvest and harvest to continue hosting and harvesting)

**Open Space** (working on everybody's' questions in self chosen subgroups)

**Meta Harvest** (essentials that touched you in the flip cards to give back to the group)

## *World Methodology Café*

Wat is the basis

What is it good for

Where to be careful

Check In with the respectful question: Why have you come?

A good way to start with a group: essential pre-work for clarity of the need, the purpose and the calling question.

We should ask ourselves whether we are needed for this calling.

Also ask the stakeholders about the need for the process.

Don't be a goody-doer: are we willing to give up the ambition to save the world?

Two or 3 people can hold the need it doesn't have to be a big group.

Out of need PURPOSE can arise. Collective clarity of purpose is the invisible leader. With it you can get a sacred content ( a good starter moment with commitment).

Café questions can open possibilities

Pillow question: what am I ready to let go of in order to develop to the next level?

Converting question: is the What, Who, How stage of the process.

My question:

How will we together form a co-creative work form to serve the needs of our area of the world.

And also:

How will we together create a peaceful and prosperous collaboration for our twincities?

And finally:

How will we together build whatever helps us to reach prosperous growth for the AoH system?

## *Storytelling*

### **Toke's story essence, according to me:**

The fiercest opponents can be space holders for others who want to participate.  
How to bring the essence and not insist on the form.

### **Marien's story essence, for me:**

For building a co-creative university you need a grounding area/space.

### **Mahmood's story essence, for me:**

I paid my debts (obligations) now I want (am entitled) to design a life for my own.

Then after the harvest **Toke discovered** in himself (due to a specific harvest by Pamela) to be a cleaner by nature: "...it is in my DNA to clean up and be a flowmaker."

Preparation for the pivotal moment in the interaction: "...not responding with emotion on an emotional challenge..."

**Marien was amazed** to be called 'persistent' he until then had been unaware of this quality.

**Mahmood explained** how he was able to go back and work in the country he fled from: "...when I was connected I was not afraid, now that I am disconnecting I become scared."

## *Open Space*

A space for everyone to come up with your most burning question.

Four roles:

1. Asker/caller/host of a question: what do I most want to explore right now
2. Co-participator
3. Bumblebees
4. Butterflies

Four principles:

1. Whoever comes is the right person
2. When it starts it starts and ends
3. Whatever happened is the only thing that could have happened
4. When it's over it's over

The law of two feet: we can walk if we want. It is more respectful than remaining while wanting to leave.

Harvest:

1. Initial Question (was missing on most harvest-sheets KV)
2. How did it change/move
3. Key insights from the sessions

Personal Harvest Krijn:

1. How can I invite my group to become participators in HoH-consensus building?
2. More creativity entered during the session: we were able to see several chances in Collective Poetry Slams in De Blauwe Salon: finish a poem on a given line/thought  
To sit in a public space with a sign on my chest announcing "I have a question, please sit down..."
3. You can be practical and you don't have to mention The Art..., but you can use the common language for the group.

The Flow Game was the most amazing exercise we practiced in the course. It was incredible to me how light and profound at the same time the process was.

The end question was: WHAT STEPS CAN I IDENTIFY TO CREATE CHANGE, PREFERABLY IN ONE WORD?

My question was:

Can I persuade my network to work with the AoH without being invited by the group to do so?

With the help of M-A it improved into:

How can I invite my group to step into the Art of Hosting?

In the game 6 piles of cards could be pulled from according to the color of the dice:

South =mouse           = community

West =bear             =action

North =moose          =leadership

East =eagle            =overview

Heaven

Earth

I pulled the Action card:

What do I want to have achieved in one month?

My response: the sense of wanting to ACT vibrated through my body...WOW...

[www.flowgame.net](http://www.flowgame.net)

### *Teaching of Toke:*

Don't become too participative causing you to become afraid of teaching.

Clarity is a good thing to gain.

Create a container where learning and co-creation can take place.

Hierarchies are the enemy of everything; we need to dance and move to more laissez-faire.

The circle of Common Unity is feminine by nature. Black Elk said: '...everything is a circle....'

The male warrior energy protects children women and the elderly.

Anybody can always choose to be a midwife or a warrior.

We can be warriors of peace.

Sometimes we must say NO from the heart, like a mother protecting a child from harm.

Stewardship is to be a teaching grandfather or a caring grandmother.

You can become an elder if you are being called to do so. The elders are guarding the four corners and the purpose of the co-creative structure.

In the co-creative space all should try to be 'on edge'; trying to learn something new.

Be grounded in practising, have a practise that is producing patterns and wisdom.

Each morning I am aware that this could be my last day it is in my morning ritual.

[www.interchange.dk/resources](http://www.interchange.dk/resources)

(Toke's site)

### *Teaching of Mary-Alice:*

Hosting yourself and be clear is the foundation of all.

Try to integrate all your knowledge in the process and get focussed.

Explanation of the 8 breaths of problem-solving diamonds (workbook).

Let go of your darlings.

Let go of your fear of success.

Let go of your fear of failure.

Going through the groan-zone is necessary for the result.

The call is sticking; you cannot get rid of it.

You need clarity and will find the crack, enabling you to do something without asking for permission.

The calling question is producing the correct type of attention.

Harvest the river beneath the river, detect the patterns.

Take the position of the eagle: first there is longing, at the end there is memory.

[www.getsoaring.com](http://www.getsoaring.com)

(Mary-Alice's site)

## *Appreciative Enquiry*

Discover, Dream, Design and Deliver (or reach Destiny) It makes sense; it is possible.

Whatever you are focussing on you will see more of that.

Be appreciative; not closed or fixed.

In trio's we tell each other stories of when we learned something that enabled us to change  
One is storyteller, One is Harvester and the Third is Witness. Interchange roles.

Bingo Harvest:

Answer the question of **what helped us** to move forward and **what could help others?**

Would it have worked better if a frame had been offered with grouping types of experiences like: **Personal, Systemic, Collective, Structural ?**

My trio found:

Having a basis and a motivation for a different direction.

Having a support group behind you.

Focus on what we are passionate and strongly motivated for, building on previous experiences.

Forgiving ourselves for our weaknesses.

Letting go of what held us back. Letting go of the fighting back that did not proof useful.

Wherever you are, you are already paving the way for a future direction; look at it.

## *Meta Harvest*

I posted my harvest from the flip cards on the site under the names:

The Art of Participatory Leadership 130405

The Art of Participatory Leadership 130406

**De Vlastuin**

**Taiji Quan & Wuxigong  
IS Coaching & Counselling**

